Feelings

Yes	No	Help	Stop
 Happy	Sad	Angry	Worried
Excited	Tired	I am not sure	Stay with me

aacpages.com/activities/feelings

An optional activity supplement. Keep the person's usual communication system available.
Activity idea and picture credits are on page 2. Retain both pages when sharing this PDF.

Feelings - activity and picture notes

Start with the activity

Offer the board during an ordinary conversation. Let the communicator describe their own feeling without assigning one from their expression.

Try another version

Talk about feelings in a favorite story as well as feelings today.

Using the board

Let the communicator choose, comment, refuse or change the plan. These 12 pictures are a small activity vocabulary set, not a complete communication system. Choose a comfortable size and position. The browser version can speak messages using an available device voice.

Pictures and reuse

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